Short-Term Medical Insurance
For Iowa

Also Referred to as Short-Term Limited-Duration Insurance or Short-Term Health Insurance

Short-term medical insurance (Policy Form No. STMP 5000) is underwritten by Companion Life Insurance Company.

Non-insurance association membership benefits are provided by Communicating for America, LLC.

Not available on all plans. Limitations apply.

PHSTM364IA-060721
Why Consider Short-Term Medical Insurance?

Options

Short-term medical insurance provides a limited duration medical insurance solution until a qualified health plan is chosen, helping reduce your financial risk. It allows you to pivot to help meet your life’s needs.

Features

Short-term medical insurance includes hospitalization and professional health services after deductibles, copays, and coinsurance. You can enroll for as little as 30-days, and your benefit coverage can pay up to $1,000,000 during the covered time period. There are no doctor or hospital network restrictions, so you have the freedom to choose where to receive care.

Important Plan Features*

- Up to $1,000,000 in benefits per coverage period
- Deductible options of $1,000, $2,000, $2,500, $3,000, $5,000, $7,500 and $10,000
- 20%-30% coinsurance options
- Freedom to choose any doctor or hospital – no networks
- Prescription drug benefits on all plans with a variety of copays after a $500 deductible is met
- On select plans, $30 primary physician copay, $60 Urgent Care and specialty physician copay benefits
- Coinsurance maximum out-of-pocket as low as $3,000 per person, per coverage period on select plans
- Child-only coverage available
- Preventive exam on coverage periods of 6+ months**

Disclosures

Short-Term Medical Insurance Disclosure

This coverage is not required to comply with certain federal market requirements for health insurance, principally those contained in the Affordable Care Act. Be sure to check your Policy/Certificate carefully to make sure you are aware of any exclusions or limitations regarding coverage of preexisting conditions or health benefits (such as hospitalization, emergency services, maternity care, preventive care, prescription drugs, and mental health and substance use disorder services).

Your Policy/Certificate might also have lifetime and/or annual dollar limits on health benefits. If this coverage expires or you lose eligibility for this coverage, you might have to wait until an open enrollment period to get other health insurance coverage. Also, this coverage is not “minimum essential coverage.”

This plan has a pre-existing limitation provision that may prevent coverage from applying to medical conditions that existed prior to this plan effective date.

If an insured relocates to a state where short-term medical insurance forms are not available, a new policy cannot be issued at the expiration date of the policy currently in force.
*Policy duration varies by state availability.
**Services are subject to deductible and coinsurance before benefits are applied.
Services are subject to deductible and coinsurance before benefits are applied.

<table>
<thead>
<tr>
<th></th>
<th>ECONOMY</th>
<th>CHOICE</th>
<th>STANDARD</th>
<th>DELUXE</th>
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</thead>
<tbody>
<tr>
<td><strong>Deductible</strong></td>
<td>$3,000, $5,000, $7,500 or $10,000</td>
<td>$1,000, $2,000, $5,000, or $10,000</td>
<td>$2,000, $3,000 or $5,000</td>
<td>$1,000, $2,500 or $5,000</td>
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<tr>
<td><strong>Coinsurance</strong></td>
<td>20% or 30%</td>
<td>20% or 30%</td>
<td>20%</td>
<td>20%</td>
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<tr>
<td><strong>Coinsurance</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td><strong>Maximum</strong></td>
<td>$10,000</td>
<td>$10,000</td>
<td>$5,000</td>
<td>$3,000</td>
</tr>
<tr>
<td><strong>Coverage Period</strong></td>
<td>$500,000 or $1,000,000</td>
<td>$500,000 or $1,000,000</td>
<td>$500,000 or $1,000,000</td>
<td>$500,000 or $1,000,000</td>
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<tr>
<td><strong>Prescription Drugs</strong></td>
<td>After $500 Rx deductible, generic copay $10, preferred $50, non-preferred brand $75. No specialty drugs.</td>
<td>After $500 Rx deductible, generic copay $10, preferred $50, non-preferred brand $75. No specialty drugs.</td>
<td>After $500 Rx deductible, generic copay $10, preferred $50, non-preferred brand $75. No specialty drugs.</td>
<td>Generics copay $10. After $500 Rx deductible (does not apply to generics), preferred $50, non-preferred brand $75. No specialty drugs.</td>
</tr>
<tr>
<td><strong>Primary Doctor Office Visit</strong></td>
<td>Subject to deductible and coinsurance</td>
<td>$30 primary doctor copay</td>
<td>Subject to deductible and coinsurance</td>
<td>$30 primary doctor copay</td>
</tr>
<tr>
<td><strong>Specialty Doctor Office Visit</strong></td>
<td>Subject to deductible and coinsurance</td>
<td>$60 Urgent Care and specialty physician copay</td>
<td>Subject to deductible and coinsurance</td>
<td>$60 Urgent Care and specialty physician copay</td>
</tr>
<tr>
<td><strong>Additional Emergency Room Copayment</strong></td>
<td>$450 plus deductible &amp; coinsurance</td>
<td>$250 plus deductible &amp; coinsurance</td>
<td>$350 plus deductible &amp; coinsurance</td>
<td>$250 plus deductible &amp; coinsurance</td>
</tr>
<tr>
<td><strong>Inpatient Hospital Benefits</strong></td>
<td>Subject to deductible and coinsurance</td>
<td>Subject to deductible and coinsurance</td>
<td>Subject to deductible and coinsurance</td>
<td>Subject to deductible and coinsurance</td>
</tr>
<tr>
<td><strong>Additional Outpatient Surgical Facility Copayment</strong></td>
<td>$500 plus medical deductible and coinsurance</td>
<td>Subject to deductible and coinsurance</td>
<td>Subject to deductible and coinsurance</td>
<td>Subject to deductible and coinsurance</td>
</tr>
<tr>
<td><strong>Additional Inpatient Admission Copayment</strong></td>
<td>$750 plus deductible &amp; coinsurance</td>
<td>$0 plus deductible &amp; coinsurance</td>
<td>$500 plus deductible &amp; coinsurance</td>
<td>$0 plus deductible &amp; coinsurance</td>
</tr>
</tbody>
</table>

† Family out-of-pocket limit is three times the individual maximum. Separate prescription maximum out-of-pocket.
* Primary Physician, Specialist & Urgent Care Office Visit Copay: Limited to 3 visits per coverage period. Additional services and tests subject to deductible and coinsurance.
** Emergency Room Copayment: An additional copayment is payable if not admitted to the hospital, in addition to the standard deductible and coinsurance apply.
*** Outpatient Surgical Facility Copayment: an additional copayment applied to the facility bill.
### All Plans

<table>
<thead>
<tr>
<th>Service</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td><strong>Ground Ambulance</strong></td>
<td>For injury: 2 trips per coverage period</td>
</tr>
<tr>
<td></td>
<td>For sickness: 2 trips per coverage period when covered</td>
</tr>
<tr>
<td></td>
<td>sickness results in hospitalization as Inpatient</td>
</tr>
<tr>
<td><strong>Air Ambulance</strong></td>
<td>For injury: 1 trip per coverage period</td>
</tr>
<tr>
<td></td>
<td>For sickness: 1 trip per coverage period when covered</td>
</tr>
<tr>
<td></td>
<td>sickness results in hospitalization as Inpatient</td>
</tr>
<tr>
<td><strong>Home Health Care</strong></td>
<td>40 visits per coverage period. Maximum 1 visit per day.</td>
</tr>
<tr>
<td><strong>Athletic Injury ‡</strong></td>
<td>Same as any other illness/accident</td>
</tr>
<tr>
<td><strong>Physical Therapy</strong></td>
<td>20 visits per coverage period</td>
</tr>
<tr>
<td><strong>Mental Illness</strong></td>
<td>Outpatient: 10 visits per coverage period. inpatient: 31 days per coverage period.</td>
</tr>
<tr>
<td><strong>Network</strong></td>
<td>No network - all access</td>
</tr>
<tr>
<td><strong>Out-of-Network Coverage</strong></td>
<td>No network - all access</td>
</tr>
</tbody>
</table>

‡ Semi-professional, professional, non-recreation and hazardous sports are excluded.

Emergency pre-certification: In the event of an emergency hospital admission, pre-certification must be made within 48 hours after the admission, or as soon is reasonably possible.
Exclusions and Limitations*

For the first policy, pre-existing conditions diagnosed within the sixty-month period immediately preceding such covered person’s effective date are excluded for the first 12 months of coverage. (This exclusion does not apply to a newborn or newly adopted child who is added to coverage under this certificate.) For policies two, three and four, refer to the policy for the pre-existing condition exclusion.

Waiting Period: Covered Persons will only be entitled to receive benefits for Sicknesses that begin, by occurrence of symptoms and/or receipt of treatment, at least 5 days following the Covered Person’s Effective Date of coverage under the Policy. Covered Persons will only be entitled to receive benefits for Cancer that begins, by occurrence of symptoms or receipt of treatment at least 30 days following the Covered Person’s Effective Date of coverage under the policy.†

Medications, vitamins, and supplements including pre-natal vitamins, or any over-the-counter medicines, whether or not ordered by a doctor.

Routine pre-natal care, pregnancy, childbirth, and post natal care. (This exclusion does not apply to “Complications of Pregnancy”).

Weight modification or surgical treatment of obesity.

Injuries resulting from participation in any form of skydiving, scuba diving, auto racing, bungee jumping, hang or ultra light gliding, parasailing, sail planing, flying in an aircraft (other than as a passenger on a commercial airline), rodeo contests or as a result of participating in any professional, semi-professional or other non-recreational sports including boating, motorcycling, skiing, riding all-terrain vehicles or dirtbikes, snowmobiling or go-carting.

Modifications of the physical body in order to improve the psychological, mental or emotional wellbeing, such as sex-change surgery.

Surgeries, treatments, services or supplies for cosmetic or aesthetic reasons, except for reconstructive surgery, which is expressly covered under this certificate.

Any drug, treatment or procedure including but not limited to: artificial insemination, treatment for infertility or impotency, sterilization or reversal of sterilization.

Any drug, treatment or procedure that either promotes, enhances or corrects impotency or sexual dysfunction.

Abortions, except in connection with covered complications of Pregnancy or if the life of the expectant mother would be at risk.

Dental treatment, except for dental treatment that is expressly covered under this certificate.

*This is a partial list of exclusions and limitations. Please see the certificate for detailed information about these and other policy exclusions and limitations. Benefits, provisions, limitations and exclusions may vary by state.

†Provisions may vary by state.
Exclusions and Limitations*

Eye surgery when the primary purpose is to correct nearsightedness, farsightedness or astigmatism. Treatment for cataracts.

Injury resulting from being under the influence of or due wholly or partly to the effects of alcohol or drugs, other than drugs taken in accordance with treatment prescribed by a doctor, but not for the treatment of Substance Abuse.

Willfully self-inflicted injury or sickness.

Venereal disease, including all sexually transmitted diseases and conditions.

Immunizations and routine physical exams for the first 180 days of coverage. Care, treatment or supplies for the feet.

Care and treatment for hair loss. Treatment of sleep disorders.

Organ or tissue transplants or related services.

Treatment for acne, moles, skin tags and other specific conditions of the skin and skin diseases.

Services received or supplies purchased outside the United States, its territories or possessions, or Canada.

Treatment for or related to any congenital condition, except as it relates to a newborn or adopted child added as a covered person to this certificate.

Chiropractic adjustments.

Non-Emergency expenses during the first 6 months after the effective date of coverage for a covered person for the following (subject to all other coverage provisions, including but not limited to the pre-existing condition exclusion):

- Total or partial hysterectomy, unless it is medically necessary due to a diagnosis of carcinoma;
- Tonsillectomy;
- Adenoidectomy;
- Myringotomy;
- Tympanotomy;
- Repair of deviated nasal septum or any type of surgery involving the sinus; Herniorraphy; Cholecystectomy

*This is a partial list of exclusions and limitations. Please see the certificate for detailed information about these and other policy exclusions and limitations. Benefits, provisions, limitations and exclusions may vary by state.
Why Consider Short-Term Medical Insurance?

Free Look Period
If you are not 100% satisfied with your Companion Life insurance plan, provide a written request for cancellation to Companion Life within 10 days of receipt. Certificate of coverage will be cancelled as of the effective date and your premium will be returned.

Eligibility
Companion Life is made available to members of Communicating for America and their spouses who are between 18 and 64 years and 11 months of age and their dependent children and can answer “No” to all of the questions in the application for insurance. Membership not required in all states.

Termination of Coverage
Companion Life insurance will automatically terminate on the earliest of the following dates: The expiration date of your coverage; the date the group policy terminates; the date the insurance under the group policy is discontinued; the due date of a premium payment, if it is not paid by the end of the 31 day grace period; Covered Person’s dependent’s coverage ends when Covered Person’s coverage terminates or the dependent ceases to be eligible; the date Covered Person enters full-time active duty in the armed forces of any country or international organization; or the date we determine fraudulent statements or material misrepresentation have been made by the Covered Person or with Covered Person’s knowledge in filing a claim for benefits.

Benefits
Benefits are limited to the usual and customary charge for each covered expense, in addition to any specific limits stated in the certificate.

About Companion Life Insurance Company
Companion Life Insurance Company, located in Columbia, S.C., has specialized in insurance benefits for more than 40 years.

For the State of Iowa
This plan is available to those who become members of Communicating for America, Inc. (CA), an association that promotes the betterment of general health and welfare for all Americans, particularly those who are self-employed in rural areas or own a small business. Membership in CA also provides access to non-insurance Telemedicine and other important benefits described below. CA is not affiliated with the Companion Life Insurance Company.

Non-Insurance Benefits
Free and unlimited telemedicine doctor consultations 24/7 - Including dermatology consultations
Discounts on hearing and audiology
Discounts on durable medical equipment
Access to health liaisons who advocate for members